





32nd International Conference of Indian Association of Palliative Care

Theme: Evidence-Based Palliative Care

Pre Conference Workshop: 30th January 2025 & Main Conference: 31st January to 2nd February 2025

Pre Conference Workshop Venue: AIIMS Jammu

PRE-CONFERENCE WORKSHOP

Cognitive Behavioural Therapy

Key learning Objectives

- To understand Concepts that Underpin CBT theory and its application in palliative care.
- To apply CBT for managing pain, anxiety, and insomnia

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Sub-Topics

 CBT based approaches in improving psychosocial care for the stakeholders involved along the trajectory of cancer

Date: 30th January 2025 Time: 09:00 AM to 01:30 PM



Faculty

Lead Faculty



Dr. K.V. Ganpathy

PhD & Clinical Psychology

Volunteer counselor

Dept of Palliative Medicine

Tata Memorial Centre Mumbai



Dr. Jayita Deodhar
Professor and Head
Department of Palliative
Medicine
Tata Memorial Hospital

For any query kindly contact the Local Coordinators

Dr. Sandeepika Dogra (7051893540) Dr. Deeba Malik (8492857012)

